:English

I wish we feel our best

The essence contains action within itself, not the other way around. It is better to act from essence rather than trying to achieve an existing, simple, and loving essence — out of a fearful action that might cause harm because it has become .habitual

Restore our judges as In the earliest times, and our counselors as at the " beginning; remove sorrow and sighing from us, and reign over us soon, You alone, Lord, in righteousness and justice, with kindness and compassion. ".Blessed are You, Lord, the King who loves righteousness and justice

Welcome to the religion of The One Light

1. Foundation: The belief that everything is one, and there is no separation between creation and the Creator. Every moment exists in a "state of God" without any opposing force—only perceptions of good and evil presented to .allow experiences of separation and choice

2. True Equality: Everything is created from the same divine energy, regardless of belief or path. True acceptance of every tribe, people, and religion. The essence .is to grow together and understand that the Creator is the source of all

3. Awareness of Renewal: God is revealed through constant renewal, and .spiritually, every experience is a step on the infinite path

4. Absence of Judgment: From the understanding that the Creator is singular and benevolent, a principle emerges of refraining from self-judgment and .judgment of others. There is good in every experience if we only choose to see It

5. Personal and Community Purpose: Each of us is born with the ability to inspire, bring goodness, and love those around us. We engage in promoting .peace and unity through compassion and acceptance

This religion opens a doorway to a free structure where every person is valued and supported, with a shared purpose: to discover the one truth that moves us .forward in love toward others and wisely toward ourselves

With this approach, our collective knowledge will grow, and we can create a world with room for every person and every path, where cooperation flourishes .for a better and harmonious future

---

Here Is a draft for a short booklet based on the principles of the religion, with :suggested customs and holidays at the end

The booklet and these customs can help children understand that life is a) journey of discovery, growth, and love, and that each of them is a significant part (.of the larger creation

---

Harmony Booklet: God, Us, and All Creation Together

First Page – The Beginning

Before everything we see and experience, there is one great, loving force we call "God." Everything in the world, all that exists, Is created from this force, and there is nothing in the world that is not a part of God. God is not just someone far away In the sky—He is within each of us and everything around us. This means that every child, every flower, every star, and every animal is a part of God's great .light

Second Page – Each One is Special and Unique

There is something amazing about God: each of us is unique and special, and at the same time, we are all connected to Him. Just as there are millions of stars in the sky, each unique and special, so too are we all connected, creating a great .light like stars In the sky

Third Page – There’s No True Good or Bad, Only Experiences

In our world, there are experiences that seem pleasant and those that feel less good, but there is no real good or bad—only God’s way of helping us learn and connect. When we go through unpleasant things, it’s to help us grow and learn how to find the good in everything, and remember that we are part of a great light .of love

Fourth Page – Everything That Happens is for the Best

Everything that happens to us is meant to help us. Even if it doesn’t always feel good, it’s done out of love and the intention to help us understand something about ourselves. God doesn’t get angry; He just wants us to discover the beauty .of creation and help others discover it too

Fifth Page – We Are All One Family

No matter where we come from, what name we call God, or our path in the world, we are all part of the same family. Each of us has a special role in the grand scheme of creation. We are here to help one another, love and understand .one another, and see that together we create a world full of love and peace

Sixth Page – The Light Within Us

Each of us Is a small spark from the great light. Every time we act with respect and love, the light within us shines brighter. If we listen to our hearts, we will find God speaking to us, helping us understand and learn. We are never alone; at .every moment, we have the great light accompanying us, always here to help

---

:Suggested Customs and Holidays

1. Unity of Creation Day: Once a year, all families and friends gather to honor all forms of life. Each person shares how they feel connected to the world and those .around them, and together, they create art, sing, and share personal stories

2. Inner Light Day: Every month, a special day to talk about how each person brings light into the world in their own way. This is a day of hugs, encouragement, and kind words. Children can create a 'personal spark'—a drawing or something .they choose that shows their unique strength

3. Day of Quiet Wisdom: A day to learn the value of being quiet, listening to the heart, and understanding that what seems on the surface is only a small part of the truth. Maybe going into nature to listen to the sounds around, learning to .listen inwardly and connect to God everywhere

4. Weekly Moments of Inspiration: Once a week, a family time where everyone shares a good experience from the past week or something they learned. Children can share ideas on how to do good for each other and how to find the .light In everything

---

There are also recommended readings from various sources for those who want :to dive deeper into the foundations of this path

/https://www.facebook.com/share/p/ZBMQtNELWYqq8caf